

**VSC SUMMER 2026 DAILY SCHEDULE (MONDAY through Thursday) August 10 - 13**

SUMMER FACILITY - Canlan Sports, 2411 Mount Seymour Parkway

Additional Summer Schedules for June 22-25 and Aug 10-13

MONDAY - August 10	TUESDAY - August 11	WEDNESDAY - August 12	THURSDAY - August 13
Canlan Sports - Rink 3	Canlan Sports - Rink 3	Canlan Sports - Rink 3	Canlan Sports - Rink 3
<b>INTENSIVE 1</b>	<b>INTENSIVE 1</b>	<b>INTENSIVE 1</b>	<b>INTENSIVE 1</b>
FREESKATE (50 min)	FREESKATE (50 min)	FREESKATE (50 min)	FREESKATE (50 min)
<b>2:15PM - 3:05PM</b>	<b>2:15PM - 3:05PM</b>	<b>2:15PM - 3:05PM</b>	<b>2:15PM - 3:05PM</b>
<b>INTENSIVE 2/3</b>	<b>INTENSIVE 2/3</b>	<b>INTENSIVE 2/3</b>	<b>INTENSIVE 2/3</b>
FREESKATE (60 min)	FREESKATE (60 min)	FREESKATE (60 min)	FREESKATE (60 min)
<b>3:05PM - 4:05PM</b>	<b>3:05PM - 4:05PM</b>	<b>3:05PM - 4:05PM</b>	<b>3:05PM - 4:05PM</b>
<b>INTENSIVE 1 Continued</b>	<b>INTENSIVE 1 Continued</b>	<b>INTENSIVE 1 Continued</b>	<b>INTENSIVE 1 Continued</b>
FREESKATE (50 min)	FREESKATE (50 min)	FREESKATE (50 min)	FREESKATE (50 min)
<b>4:15PM - 5:05PM</b>	<b>4:15PM - 5:05PM</b>	<b>4:15PM - 5:05PM</b>	<b>4:15PM - 5:05PM</b>
SUMMER SKATE Competitors have PRIORITY to register for this week			
Once competitors are registered, we will open if space available			