



CanSkate is a dynamic learn-to-skate program that focuses on fun, participation and basic skill development. Based on Sport Canada's long term athlete development (LTAD) principals, CanSkate centers on physical literacy and the fundamental skills needed to take part in any ice sport or to skate as a recreational activity.

	MONDAY	WEDNESDAY
	Canlan Sports 2411 Mount Seymour Pky, North Vancouver	Canlan Sports 2411 Mount Seymour Pky, North Vancouver
	April 1 -May 27,2024	April 3 - May 29, 2024
	RINK 1	RINK 1
3:00		
3:15		
3:30		
3:45		
4:00	CANSKATE	CANSKATE
4:15	4:05PM - 4:50PM	4:05PM - 4:50PM
4:30		
4:45	CANSKATE	CANSKATE
5:00	4:50PM - 5:35 PM	4:50PM - 5:35 PM
5:15		
5:30		
5:45		
6:00		

Spring Term April 1 - May 29, 2024 - Schedule available for PLANNING Purposes

No Skating Victoria Day Monday May 20,2024

REGISTRATION will OPEN late February - date to be advised

Upon completion of Stage 6, Skaters may enter the Star 1/CanFigure Skating Program.