

VSC Boot Camp - September 5,6,7,8, 2023  
 KAREN MAGNUSSEN ARENA

	Sep 5.23	Sep 6.23	Sep7.23	Sep8.23
	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	KAREN MAGNUSSEN ARENA 2300 Kirkstone Road, North Vancouver	KAREN MAGNUSSEN ARENA 2300 Kirkstone Road, North Vancouver	KAREN MAGNUSSEN ARENA 2300 Kirkstone Road, North Vancouver	KAREN MAGNUSSEN ARENA 2300 Kirkstone Road, North Vancouver
3:00				
3:15				
3:30	PODIUM 1	PODIUM 1	PODIUM 1	PODIUM 1
3:45	FREESKATE	FREESKATE	FREESKATE	FREESKATE
4:00	3:30 PM - 4:30PM	3:30 PM - 4:30PM	3:30 PM - 4:30PM	3:30 PM - 4:30PM
4:15				
4:30	PODIUM 2 & Starskate 1	PODIUM 2 & Starskate 1	PODIUM 2 & Starskate 1	PODIUM 2 & Starskate 1
4:45	Freeskate	Freeskate	Freeskate	Freeskate
5:00	4:30PM - 5:30PM	4:30PM - 5:30PM	4:30PM - 5:30PM	4:30PM - 5:30PM
5:15				
5:30	FLOOD	FLOOD	FLOOD	FLOOD
5:45	PODIUM 3 & Starskate2	PODIUM 3 & Starskate2	PODIUM 3 & Starskate2	PODIUM 3 & Starskate2
6:00	Freeskate	Freeskate	Freeskate	Freeskate
6:15	5:45PM - 6:30PM	5:45PM - 6:30PM	5:45PM - 6:30PM	5:45PM - 6:30PM
6:30				

**\*\*Boot Camp** is designed to get you **READY** for **VSC Fall Season**.

**LESSON FEE STRUCTURE:**

Coaches will invoice direct to skater for coaching fees

If you are unsure of skater designation - please email [programdirector@vancouver skatingclub.ca](mailto:programdirector@vancouver skatingclub.ca)