

**VSC SUMMER Term**

Location - Canlan Sports 2411 Mount Seymour Parkway, North Vancouver, BC V7H 2Y9

VSC Phone Contact - 604.924.1134



**VSC CANSKATE INTENSIVE**

**CanSkate Intensive** is for young skaters pursuing figure skating. Eligible Canskate Stage 2 Skaters will have the opportunity to learn and practice basic skating skills that are needed to join the Jumpstart program. This program offers a high level of quality instruction and should not be missed. Upon acceptance into our program, skaters will be expected to come to class with a willingness to learn!

**2 Week Program - Aug 1 - 11, 2022**

|      | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY   |
|------|--|--|--|--|
|      | Canlan Sports<br>2411 Mount Seymour Pky, North Vancouver | Canlan Sports<br>2411 Mount Seymour Pky, North Vancouver | Canlan Sports<br>2411 Mount Seymour Pky, North Vancouver | Canlan Sports<br>2411 Mount Seymour Pky, North Vancouver |
|      | <b>8 DAY PROGRAM</b>                                     | <b>8 DAY PROGRAM</b>                                     | <b>8 DAY PROGRAM</b>                                     | <b>8 DAY PROGRAM</b>                                     |
|      | Aug 1 & Aug 8  | Aug 2 & Aug 9  | Aug 3 & Aug 10   | Aug 4 & Aug 11   |
|      | RINK 3   | RINK 3   | RINK 3   | RINK 3   |
| 4:30 |  |  |  |  |
| 4:45 |  |  |  |  |
| 5:00 |  |  |  |  |
| 5:15 |  |  |  |  |
| 5:30 | <b>CANSKATE INTENSIVE</b>                                | <b>CANSKATE INTENSIVE</b>                                | <b>CANSKATE INTENSIVE</b>                                | <b>CANSKATE INTENSIVE</b>                                |
| 5:45 | 5:15pm - 6:05pm  | 5:15pm - 6:05pm  | 5:15pm - 6:05pm  | 5:15pm - 6:05pm  |
| 6:00 |  |  |  |  |
| 6:15 |  |  |  |  |