

Time	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY
	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE
6:30	CANLAN Sports 2411 Mount Seymour Parkway		CANLAN Sports 2411 Mount Seymour Parkway		CANLAN Sports 2411 Mount Seymour Parkway		CANLAN Sports 2411 Mount Seymour Parkway		CANLAN Sports 2411 Mount Seymour Parkway		KAREN MAGNUSSEN ARENA 2300 Kirkstone Road, North Vancouver		KAREN MAGNUSSEN ARENA 2300 Kirkstone Road, North Vancouver
6:45													
7:00			OFF ICE BASE FITNESS TO BE ADVISED										
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COLOUR LEVELS DEFINED - UPDATED
JUMPSTART - Invitation Only
BRONZE - Invitation Only
SILVER = STAR 2, 3, 4 (skaters are eligible to register for any SILVER designated session)
****SILVER skaters will only be accepted on Silver 10 & Under or SILVER 11 & Over based on their age.**
GOLD = PREJUVENILE, STAR 5, 6, 7, 8, 9, 10, GOLD
COMPETITIVE = JUVENILE TO SENIOR (PROVINCIAL COMPETITORS)

IMPORTANT DATES

FALL TERM - SEPTEMBER 11 through DECEMBER 17
 Fall Term Start & End Dates
 Karen Magnusson Arena (KM) - Sep 11 - Dec 11
 CANLAN Sports - Sep 13 - Dec 17
 PNE Agrodome (DOME) - Oct 1 - Dec 17
OCT 11 MONDAY - THANKSGIVING HOLIDAY MONDAY - NO REGULAR SKATING SCHEDULED this day

SESSIONS DEFINED - UPDATED

ACCELERATED OPEN Freeskate = priority to COMP, PEAK (Gold, Silver REQUIRE Director approval)
****OPEN Sessions (MONDAY - FRIDAY) = All freeskate levels & skills. Minimum requirement designated SILVER as of Winter 2021 or Director approval.**
*****OPEN Sessions (SAT & SUN) = All freeskate levels & skills.**
COMP / GOLD / SILVER = All freeskate programs (priority given to stated level)

LESSON FEE STRUCTURE:

Freeskate, OPEN Sessions, COP, Spins, Drills, Dance, Skills - coaches will invoice direct to skater for coaching fees
 CAMP, STEPS and OFF Ice coaching fees are included in ice registration fees
 JUMPSTART & BRONZE Programs - coaching fees are included in ice registration fees

ON & OFF ICE are MANDATORY for ALL JUMPSTART, BRONZE, SILVER, GOLD, COMPETITIVE LEVELS