

VSC SUMMER 2021 DAILY SCHEDULE (MONDAY through FRIDAY) July 5 - August 13, 2021

SUMMER FACILITY - ICE SPORTS NORTH SHORE (ISNS)

Additional Summer Schedules are posted for June 28 - 30, August 16 - August 19

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	Ice Sports North Shore (ISNS)		Ice Sports North Shore (ISNS)		Ice Sports North Shore (ISNS)		Ice Sports North Shore (ISNS)		Ice Sports North Shore (ISNS)	
	RINK 3	OFF ICE	RINK 3	OFF ICE	RINK 3	OFF ICE	RINK 3	OFF ICE	RINK 3	OFF ICE
12:30	COMP FREESKATE 12:15PM - 1:05PM		COMP FREESKATE 12:15PM - 1:05PM		COMP FREESKATE 12:15PM - 1:05PM		COMP FREESKATE 12:15PM - 1:05PM		COMP FREESKATE 12:15PM - 1:05PM	
1:30	GOLD FREESKATE (50 min) STEPS (10 min) 1:05PM - 2:05PM	COMP (Group 1) 1:15PM - 1:35PM COMP (Group 2) 1:45PM - 2:05PM	GOLD FREESKATE (50 min) SPINS (10 min) 1:05PM - 2:05PM	COMP (Group 1) 1:15PM - 1:35PM COMP (Group 2) 1:45PM - 2:05PM	GOLD FREESKATE (50 min) STEPS (10 min) 1:05PM - 2:05PM	COMP (Group 1) 1:15PM - 1:35PM COMP (Group 2) 1:45PM - 2:05PM	GOLD FREESKATE (50 min) SPINS (10 min) 1:05PM - 2:05PM	COMP (Group 1) 1:15PM - 1:35PM COMP (Group 2) 1:45PM - 2:05PM	GOLD FREESKATE 1:05PM - 2:05PM	
	FLOOD		FLOOD		FLOOD		FLOOD		FLOOD	
2:30	COMP FREESKATE (50 min) STEPS (10 min) 2:15PM - 3:15PM	GOLD (Group 1) 2:15PM - 2:35PM GOLD (Group 2) 2:45PM - 3:05PM	COMP FREESKATE (50 min) SPINS (10 min) 2:15PM - 3:15PM	GOLD (Group 1) 2:15PM - 2:35PM GOLD (Group 2) 2:45PM - 3:05PM	COMP FREESKATE (50 min) STEPS (10 min) 2:15PM - 3:15PM	GOLD (Group 1) 2:15PM - 2:35PM GOLD (Group 2) 2:45PM - 3:05PM	COMP FREESKATE (50 min) SPINS (10 min) 2:15PM - 3:15PM	GOLD (Group 1) 2:15PM - 2:35PM GOLD (Group 2) 2:45PM - 3:05PM	COMP FREESKATE 2:15PM - 3:15PM	GOLD (Group 1) 2:15PM - 2:35PM GOLD (Group 2) 2:45PM - 3:05PM
3:30	GOLD FREESKATE 3:15PM - 4:05PM		GOLD FREESKATE 3:15PM - 4:05PM		GOLD FREESKATE 3:15PM - 4:05PM		GOLD FREESKATE 3:15PM - 4:05PM		GOLD FREESKATE 3:15PM - 4:05PM	
	FLOOD		FLOOD		FLOOD		FLOOD		FLOOD	
4:30	SILVER (Group A) FREESKATE 4:15PM - 5:05PM		SILVER (Group A) FREESKATE 4:15PM - 5:05PM		SILVER (Group A) FREESKATE 4:15PM - 5:05PM		SILVER (Group A) FREESKATE 4:15PM - 5:05PM		SILVER (Group A) FREESKATE 4:15PM - 5:05PM	
5:30	SILVER (Group B)/JS FREESKATE/ON ICE 5:15PM - 6:05PM	SILVER A (Group 1) 5:15PM - 5:45PM	SILVER (Group B)/JS FREESKATE/ON ICE 5:15PM - 6:05PM	SILVER A (Group 2) 5:15PM - 5:45PM	SILVER (Group B)/JS FREESKATE/ON ICE 5:15PM - 6:05PM	SILVER A (Group 1) 5:15PM - 5:45PM	SILVER (Group B)/JS FREESKATE/ON ICE 5:15PM - 6:05PM	SILVER A (Group 2) 5:15PM - 5:45PM		
		SILVER (Group B) 6:15PM - 6:45PM		JS 6:15PM - 6:45PM		SILVER (Group B) 6:15PM - 6:45PM		JS 6:15PM - 6:45PM		

COLOUR SCALE	COLOUR LEVELS DEFINED
JS	JUMSTART (Invitation only)
SIL	SILVER = STAR 2, 3, 4
GOLD	GOLD = STAR 5, 6, 7, 8, 9, 10, GOLD, PRE-JUVENILE
COMP	COMP = JUVENILE TO SENIOR