

VSC BOOT CAMP - SEPT 3-6, 2019

KAREN MAGNUSSEN ARENA

	03-Sep		04-Sep		05-Sep		06-Sep	
	TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE	ON ICE	OFF ICE
	KM	KM	KM	KM	KM	KM	KM	KM
2:00	OPEN SILVER & UP		OPEN SILVER & UP		OPEN SILVER & UP		OPEN SILVER & UP	
2:15	FREESKATE		FREESKATE		FREESKATE		FREESKATE	
2:30	2:00PM - 3:00PM		2:00PM - 3:00PM		2:00PM - 3:00PM		2:00PM - 3:00PM	
2:45								
3:00	COMPETITIVE CAMP		COMPETITIVE CAMP		COMPETITIVE CAMP		COMPETITIVE CAMP	
3:15	3:00PM - 3:30PM		3:00PM - 3:30PM		3:00PM - 3:30PM		3:00PM - 3:30PM	
3:30	Flood		Flood		Flood		Flood	
3:45	BRONZE/SILVER		BRONZE/SILVER		BRONZE/SILVER		BRONZE/SILVER	
4:00	CAMP		CAMP		CAMP		CAMP	
4:15	3:45PM - 4:30PM		3:45PM - 4:30PM		3:45PM - 4:30PM		3:45PM - 4:30PM	
4:30	COMPETITIVE	EAGLE ROOM	COMPETITIVE	EAGLE ROOM	COMPETITIVE	EAGLE ROOM	COMPETITIVE	EAGLE ROOM
4:45	FREESKATE	BRONZE / SILVER	FREESKATE	BRONZE / SILVER	FREESKATE	BRONZE / SILVER	FREESKATE	BRONZE / SILVER
5:00	4:30PM - 5:15PM	4:45PM - 5:30PM	4:30PM - 5:15PM	4:45PM - 5:30PM	4:30PM - 5:15PM	4:45PM - 5:30PM	4:30PM - 5:15PM	4:45PM - 5:30PM
5:15	GOLD		GOLD		GOLD		GOLD	
5:30	FREESKATE	BASE	FREESKATE		FREESKATE		FREESKATE	
5:45	5:15PM - 6:00PM	COMPETITIVE	5:15PM - 6:00PM		5:15PM - 6:00PM		5:15PM - 6:00PM	
6:00		OFF ICE						
6:15		5:45PM - 6:45PM						
6:30								

****Boot Camp** is designed to get you **READY** for our **Fall/Winter Season**.

Join us Sep 3 through Sep 6, 2019 at **Karen Magnusson Arena**.