

VANCOUVER SKATING CLUB

2017 SUMMER SCHEDULE

WEEK 3 through WEEK 8 - JULY 4 (TUESDAY) - AUGUST 11 (FRIDAY)

Additional Summer Schedules are posted for June 19 - June 23, June 26 - June 28, August 14 - August 16 and Transition Schedule August 28 - September 1.

	MONDAY / WEDNESDAY		TUESDAY / THURSDAY		FRIDAY	
	RINK 3	OFF ICE	RINK 3	OFF ICE		OFF ICE
9:30	SILVER FREESKATE 9:30 AM - 10:15 AM		DANCE 9:30 AM - 10:15 AM		8:00	GOLD FREESKATE 8:00 AM - 9:00 AM
9:45					8:15	
10:00					8:30	
10:15	SILVER SPINS 10:15 - 10:30		SILVER STEPS 10:15 AM - 10:45 AM		8:45	
10:30	GOLD FREESKATE 10:30 - 11:15 AM	MONDAY - FLEXIBILITY			9:00	FLOOD
10:45		WEDNESDAY - DANCE	GOLD STEPS 10:45 - 11:15 AM		9:15	COMPETITIVE FREESKATE 9:15 AM - 10:15 AM
11:00		SILVER 11:00 - 11:45			9:30	GOLD 9:15 - 10:00 AM
11:15	FLOOD		FLOOD		9:45	
11:30	COMPETITIVE FREESKATE 11:30 - 12:15 PM		SILVER FREESKATE 11:30 AM - 12:15 PM		10:00	
11:45		GOLD 11:45 - 12:30			10:15	SILVER FREESKATE 10:15 AM - 11:00 AM
12:00			COMPETITIVE FREESKATE 12:15 - 1:15 PM		10:30	
12:15	SILVER FREESKATE 12:15 - 1:00 PM	COMPETITIVE 12:30 - 1:30			10:45	
12:30					11:00	FLOOD
12:45					11:15	COMPETITIVE FREESKATE 11:15 AM - 12:15 PM
1:00	GOLD FREESKATE 1:00 - 1:45 PM		FLOOD		11:30	SILVER 11:15 - 12:00 PM
1:15			GOLD FREESKATE 1:30 - 2:15 PM		11:45	
1:30					12:00	
1:45	FLOOD		COMPETITIVE STEPS 2:15 - 2:45 PM			
2:00	GOLD SPINS 2:00 - 2:15 PM					
2:15	COMPETITIVE FREESKATE 2:15 - 3:15		FLOOD			
2:30			COMPETITIVE FREESKATE 3:00 - 4:00 PM			
2:45						
3:00			COMPETITIVE & BRONZE/JUMPSTART SPINS			
3:15	COMPETITIVE STEPS 3:15 - 3:45		BRONZE / JUMPSTART CAMP 4:00 PM - 5:00 PM			
3:30						
3:45	FLOOD					
4:00	COMPETITIVE & BRONZE/JUMPSTART SPINS					
4:15	BRONZE / JUMPSTART CAMP 4:00 PM - 5:00 PM					
4:30						
4:45						
5:00						
5:15		BRONZE/JS 5:15 PM - 5:45 PM				
5:30		OFF ICE				

SILVER 9:30 - 1:00	SILVER 10:15 - 1:30
GOLD 10:30 - 2:15	GOLD 10:45 - 2:15
COMPETITIVE 11:30 - 4:15	COMPETITIVE 12:15 - 5:30 PM
BRONZE/JUMPSTART 4:00 - 5:45	BRONZE/JUMPSTART 4:00 - 5:45

GOLD 8:00 - 10:00 AM
SILVER 10:15 - 12:00 AM
COMPETITIVE 9:15 - 12:15 PM

IMPORTANT DATES

AUGUST 7 MONDAY BC CIVIC HOLIDAY - **YES REGULAR SKATING**

July 24 (Monday) through July 28 (Friday) - alternative OFF Ice as Banff Hockey Academy runs that week

AUGUST 3 THURSDAY **V8C TEST DAY** 3:00PM - 5:00PM (NO REGULAR ON or OFF ICE Sessions after 3PM)

LESSON FEE STRUCTURE:

Freeskate, COP, Spins, Drills, Dance, Skills - coaches will invoice direct to skater for coaching fees

CAMP, STEPS and OFF Ice coaching fees are included in ice registration fees

JUMPSTART & BRONZE Level - coaching fees are included in ice registration fees

ON & OFF ICE are MANDATORY for ALL JUMPSTART, BRONZE, SILVER, GOLD, COMPETITIVE LEVELS

BRONZE = STAR 1

SILVER = STAR 2, 3, 4

GOLD = STAR 5, 6, 7, 8, 9, 10, GOLD, PRE-JUVENILE

COMPETITIVE = JUVENILE TO SENIOR (PROVINCIAL COMPETITORS)